

# INSPECTING YOUR HARNESS: HOW TO GUIDE



It is recommended that the user inspects their harness in a safe place before use every use. Users must ensure that their harness is the correct size, has sufficient adjustment and acceptable comfort.

Remember that harnesses and lanyards must be periodically inspected by a competent person. If you don't understand what is an acceptable level of damage to your harness, then further training is required.



## BUCKLES

Check the functionality of the buckles, check for any cracks, corrosion, distortion, irregular wear and ensure all moving mechanisms operate correctly.

## ATTACHMENT RINGS

Check for corrosion, cracks, sharp edges and damage. If damage is found on the rings, the harness must be taken out of use.

## CORRECT FIT

Ensure you have been given the correct training by a competent person before using equipment. Harnesses must be fitted correctly.

## PLASTIC FITTINGS

Including web-ties and back plate visually check for cuts, breaks, distortion and chemical damage.

## WEBBING

Check all webbing for irregular wear around all moving mechanisms. Also check for cuts, abrasions, tears, scorch marks, burns, chemical attack and severely discoloured patches.

## TRACEABILITY

Keep records of where and when you purchased the harness. We recommend recording all inspections before use and completing a risk assessment. Ensure that the product markings and serial number are legible.

## STITCHING

Check for broken, loose worn, or abraded stitches or severely discoloured stitching. Most harnesses are fitted with a ripstitch indicator at a warning label - check this is still intact.